

CURRICULUM VITAE

PERSONAL INFORMATION

Name: Shin-ichi Ishikawa
University Address: Doshisha University, Faculty of Psychology
1-3, Tatara-Miyakodani, Kyotanabe
Kyoto, Japan, 610-0394
E-mail: ishinn@mail.doshisha.ac.jp
Birth of date: 29th March, 1979
Gender: Male
Nationality: Japan
Language: English, Japanese

EDUCATION

2008 Ph.D. (Clinical Psychology), Health Sciences University of Hokkaido
Thesis: "Cognitive behavioral therapy for children with anxiety disorders"
Thesis supervisor: Prof. Yuji Sakano, Ph.D.
2003 M.A. (Human Sciences), Waseda University
Thesis: "Cognitive and behavioral features in children with anxiety symptoms"
Thesis supervisor: Prof. Yuji Sakano, Ph.D.
2001 B.A. (Human Sciences), Waseda University
Thesis: "Development of the Japanese version of Spence Children's Anxiety Scale"
Thesis supervisor: Prof. Yuji Sakano, Ph.D.

LICENSURE/ CERTIFICATION

April 2021 Cognitive Behavioral Therapist Supervisor (Japanese Association of Behavioral and Cognitive Therapies)
May 2019 Certified Public Psychologist
April 2017 Professional Behavioral Psychotherapist (Japanese Association of Behavioral and Cognitive Therapies)
April 2005 Clinical Psychologist (Japanese Certification Board for Clinical Psychologist)

RESEARCH INTERESTS

Clinical Child and Adolescent Psychology

MEMBERSHIP OF PROFESSIONAL ORGANIZATIONS AND EDITORIAL BOARD

Asian Cognitive Behavioral Therapies Association (Executive Committee from 2021 to present)

Clinical Child and Family Psychology Review (Editorial board from 2018 to present)

Behavior Research and Therapy (Associate Editorial Board from 2021 to 2023; Editorial Board from 2023-2026)

Cognitive Behaviour Therapy (Editorial board from 2022 to present)

The Japanese Psychological Association (Editorial board from 2017 to 2019, Associate Editors from 2019 to present)

The Japanese Association of Educational Psychology

The Japanese Association of Behavioral and Cognitive Therapies (Executive board member from 2016 to 2022, Editorial board from 2010 to present)

The Japanese Association for Cognitive Therapy (Editorial board from 2011 to present)

The Japanese Association of Counseling Science (Editorial board from 2009 to present)

The Japanese Society for Child and Adolescent Psychiatry

The Japanese Society of Behavioral Medicine (Councilor)

Japan Society of Developmental Psychology

Japanese Society of Mood disorders

Japanese Society of Anxiety Disorder (Councilor)

The Association of Japanese Clinical Psychology

10th World Congress CBT in Seoul (ACBTA supporter in 2023)

8th Asian CBT Congress in New Delhi (ACBTA advisors in 2024)

GRANTS AND FELLOWSHIPS

2020-2024 Research Institute of Science and Technology for Society (RISTEX)
“SOLVE for SDGs - Solution-Driven Co-creative R&D Program for SDGs”, 69.00 million yen (“Development of mental health programs and human resources to foster resilience in children and adolescents from preschool to high school.”)

2019-2023: Research fellow of the Japan Society for the Promotion of Science
“Grant-in-Aid for Scientific Research (B)”, 17.16 million yen. (“A randomized controlled trial of cultural-adapted and program-adopted cognitive behavioral therapy for children and adolescents.”)

2018- 2019: Research fellow of the Japan Society for the Promotion of Science “Fund for the Promotion of Joint International Research”, 11 million yen. (“A Cross-cultural Comparison of Interactions between Therapists and

- Children within Sessions of Cognitive Behavioral Therapy”)
- 2017-2020: Research fellow of the Research Institute of Science and Technology for Society (RISTEX), “Implementation-Support Program”, 22 million yen. (“An implementation of a universal prevention program for mental health in elementary school.”)
- 2013-2017: Research fellow of the Japan Society for the Promotion of Science “Grant-in-Aid for Scientific Research (C)”, 4.8 million yen (“Cognitive behavioral therapy for children with depression and anxiety disorders”)
- 2012-2014 The Great Britain Sasakawa Foundation, £2500 (“Impact of Tohoku Earthquake and Tsunami on Japanese adolescents” Co-PI with Dr. Cecilia A. Essau, Department of Psychology, Roehampton University,)
- 2010-2013: Research fellow of the Japan Society for the Promotion of Science “Grant-in-Aid for Young Scientists (B)”, 2.9 million yen (“Family cognitive behavioral therapy for children with anxiety disorders”)
- 2010-2011 Fulbright Scholar Program, supervised by Dr. Jane Gillham, Swarthmore College (“Preventing depression and suicidal behavior in schools”)
- 2008-2010: PMI2 Strategic Alliances and Partnerships project, Research Co-operation, £ 34,570 (“Anxiety and fears across two generations of the same families in Japan and in the UK” as Co-PI with Dr. Cecilia A. Essau, Department of Psychology, Roehampton University,)
- 2007-2009: Research fellow of the Japan Society for the Promotion of Science “Grant-in-Aid for Young Scientists (B)”, 2.2 million yen (“Cognitive behavioral therapy for children with anxiety disorders”)
- 2004-2005 Research fellow of the Japan Society for the Promotion of Science, 2.8 million yen (“Effect of cognitive restructuring on anxiety symptoms in children”)

AWARD

- 2024 Best Editor, Japanese Journal of Behavioral and Cognitive Therapies, the Japanese Association for Cognitive and Behavioral Therapy, 2024
- 2023 Silver Prize, Diversity Promotion Research Poster Award, The 49th Annual Conference of the Japanese Association for Cognitive and Behavioral Therapy, 2023
- 2018 Award of the Japanese Association of Cognitive Therapy (coauthor)

- (awardee: Kohei Matsubara, Ph.D., Shinshu University)
- 2018 Award of the Japanese Society for Child and Adolescent Psychiatry (coauthor) (awardee: Shunsuke Nonaka, Ph.D., Tokyo Future University)
- 2016 Award of the Japanese Psychological Association (“Excellent articles award”)
- 2011 The Asian Congress of Behavioral and Cognitive Therapies, Poster Award (coauthor) (awardee: Satoko Sasagawa, Ph.D., Mejiro University)
- 2011 Award of the Japanese Society of Mood Disorders (coauthor) (awardee: Rie Tanaka, University of Miyazaki)
- 2010 Award of the Japanese Society for Child and Adolescent Psychiatry (coauthor) (awardee: Hiroshi Sato, Ph.D., Kansai University)
- 2008 Award of the Japanese Society of Mood Disorders (“Academic encourage prize”)
- 2006 Award of the Japanese Association of Counseling Science (“Uchiyama original research articles award”)
- 2005 Award of the Japanese Association of Behavior Therapy (“Uchiyama memorial award”)

PROFESSIONAL/ RELEVANT EXPERIENCE

- 2017-present Professor
Doshisha University
Faculty of Psychology
- 2022-2024 Visiting Professor
Turku University
- 2018-2019 Visiting Professor
Macquarie University
- 2011-2017 Associate Professor
Doshisha University
Faculty of Psychology
- 2005-2011 Lecturer
University of Miyazaki
Faculty of Education and Culture
- 2010-2011 Fulbright Scholar of Researcher Program (Swarthmore College)
- 2008 Instructor
University of Tsukuba
Course: Clinical psychology for graduate school course
- 2008 Instructor

	Kyushu University of Health and Welfare
	Course: Learning psychology
2007	Instructor
	Miyazaki Municipal University
	Course: School guidance
2004-2005	Research Assistant
	Health Sciences University of Hokkaido
2003-2004	Educational counselor
	Tokorozawa Educational center
2002-2003	School Mental Friend
	Tokorozawa City Board of Education
2002-2003	Educational counselor
	Chiba city Mabashi elementary school
2001-2002	Teaching assistant
	Course: Behavior therapy, Seminar (Behavioral assessment)

PUBLICATIONS

1) English book

1. Ishikawa, S., Sasagawa, S., & Essau, C.A. (2012). The prevalence and nature of child abuse and violence in Japan A. Browne Miller (Ed.), *Violence and abuse in society: Understanding a global crisis: Vol. 1: Fundamental, effects, and extremes*. New York: Praeger, Pp. 307-322.
2. Ollendick, T. H., & Ishikawa, S. (2013). Interpersonal and social factors in childhood anxiety disorders. In C. A. Essau & T. H. Ollendick (Eds.), *Treatment of Childhood and Adolescent Anxiety Disorders*. London: Wiley-Blackwell, Pp. 117-139.
3. Sasagawa, S., Ishikawa, S., & Essau, C. A. (2013). Child-Parent Correlates of Taijin Kyofusho Symptoms in Japan. In K. A. Moore, P. Buchwald, A. Sesé, & K. Kaniasty (Eds.), *Stress and Anxiety: Applications to Health and Well-Being, Work Stressors, and Assessment*. Berlin; Logos Verlag, Pp. 181-189.
4. Ishikawa, S., Sasagawa, S., Chen, J., & Essau, C. A. (2016). Prevention program for depression among children and adolescents in Japan: Challenges and opportunities. In R. H. Shute & P. T. Slee (Eds.) *Mental health and wellbeing through schools: The way forward*. New York: Routledge, Pp. 157-170.
5. Chen, J., Johnstone, K., Ishikawa, S., McEvoy, P. M., Tee, A., Rimmington, D., Vale, K., Graville, R., Hayes, S., Kane, R., Foster, J., & Hudson, J. (2016). Intervention for transdiagnostic process in emotional disorders. In R. G. Menzies, M. Kyrios, & N. Kazatzis (Eds.) *Innovations and future directions in the behavioural and cognitive therapies*. Queens Land: Australian Academic Press, Pp. 234-238.

6. Ishikawa, S. (2022). Cognitive behavioral therapy for children with anxiety in Japan: Bidirectional cultural adaptation and cross-cultural comparison studies. In C. R. Martin, V. B. Patel, & V. R. Preedy (Eds.), *Handbook of Lifespan Cognitive Behavioral Therapy* (pp. 359-376). San Diego, USA: Academic Press.
7. Ishikawa, S. & Sasagawa, S. (2023). Cultural sensitivity and modifications for child anxiety disorders. In L. J. Farrell, Murrihy, R. C., & C. A. Essau (Eds.), *Handbook of Child and Adolescent Psychology Treatment Modules: Personalized Care in Behavior and Emotion* (pp. 307-322). London: Academic Press.

2) Japanese book

1. Ishikawa, S. (2006). Anxiety disorders in children. In Y. Sakano, Y. Tanno, & Y. Sugiura (Eds.) *Clinical Psychology of Anxiety Disorders*. Tokyo: Tokyo Univ. Press. Pp. 135-151.
2. Ishikawa, S. (2006). Programs for social anxiety. In A. Aikawa & S. Sato (Eds.) *Social skills education in junior high schools*. Tokyo: Tosho-bunka-sha. Pp.182-191.
3. Ishikawa, S. (2008). ADHD and conduct disorders. In K. Uchiyama & Y. Sakano (Eds.) *Technique and practice of cognitive behavior therapy*. Tokyo: Nihon-hyoron-sha. Pp. 128-135.
4. Ishikawa, S. (2010). *Cognitive behavior therapy for children with anxiety disorders*. Tokyo: Kazama-shobo.
5. Ishikawa, S. (2012). Anxiety disorders in children. In Y. Sakano (Ed.) *60 cases of Cognitive Behavior Therapy*. Tokyo: Kita-oji-shobo. Pp. 210-214.
6. Sato, S., Sato, Y., Ishikawa, S., Sato, H., Togasaki, Y., & Ogata, A. (2013). *Depression prevention program for elementary school children*. Tokyo: Nihon-hyoron-sha.
7. Ishikawa, S. (2013). *Cognitive behavior therapy for children with anxiety and depression: Theory and Practice*. Tokyo: Kaneko-shobo.
8. Ishikawa, S. (2014). Evidence-based psychosocial treatments. Cognitive behavioral approach. In H. Okaichi, N. Suzuki, K. Aoyama, T. Koyama, T. Muto, & T. Hata (Eds.), *Psychology* (2nd. ed.). Kyoto: Nakanishiya-Shuppan.
9. Ishikawa, S. (2015). Cognitive behavioral therapy. In K. Inagaki, Y. Kawai, K. Saito, K. Takahashi, T. Takahashi, & H. Yama (Eds.), *Advance in child psychology*. Tokyo: Kaneko-shobo.
10. Ishikawa, S., & Sato, S. (2015). *Clinical child psychology: Introduction to evidence-based psychosocial treatments for children and adolescents*. Kyoto: Minerva-Shobo.
11. Ishikawa, S. (2016). Cognitive behavior therapy. In M. Hiraiwa, A. Oka, Y. Kamio, T. Koeda, & Y. Kano (Eds.) *Developmental disorders: Data-based interpretation*. Tokyo: Nakayama-shoten, Pp. 222-223.
12. Ishikawa, S. (2016). Separation anxiety disorders. In H. Shimoyama & Y Nakajima (Eds.). *Handbook for psychologists: Fundamental knowledge and technique for clinical psychiatry and psychology*. Tokyo: Igaku-shoin, Pp. 257-259.

13. Ishikawa, S. (2018). *An illustrated book for cognitive behavior therapy: 36 skills for problem solving*. Tokyo: Godo-shuppan.
14. Ishikawa, S. (2018). Intervention for anxiety and depression. In H. Fujino, & Y. Tojo. (Eds.), *Developmental science for autism spectrum: Handbook of developmental science 10*. Tokyo: Shinyo-sha, Pp. 230-240.
15. Ishikawa, S. (2019). Quantitatively data analyses. In A. Miura, N. Yoneyama, & H. Sato. (Eds.), *Psychology basic vol.5: Psychological interview*. Kyoto: Kitaoji-shobo, 70-81.
16. Ishikawa, S., & Hida, N. (2019). Help-seeking from the standpoint of cognitive behavior therapy. In H. Mizuno, M. Kimura, T. Iida, T. Nagai, & M. Honda (Eds.), *Case studies for psychologists from the perspective of help-seeking: A counseling for clients who cannot ask for help*. Tokyo: Kaneko-Shobo, Pp. 134-141.
17. Ishikawa, S. (2020). Anxiety disorders in children, Cognitive behavior therapy in educational settings, Application of cognitive behavior therapy in educational setting, Treatment for children and adolescents anger/aggression. Association of Japanese Behavioral and Cognitive Therapies (Eds.), *An encyclopedia of cognitive behavior therapy*. Tokyo: Maruzen-Shuppan, Pp. 156-157, 393, 412-413.
18. Ishikawa, S. (2020). Outcome study. Association of Japanese health Psychology (Eds.), *An encyclopedia of health psychology*. Tokyo: Maruzen-Shuppan, Pp. 602-603.
19. Ishikawa S. (2020). Depression prevention program in elementary school. In Ono Y., Horikoshi, M., & Tajima, M. *Procedures of group cognitive behavioral therapy*. Tokyo: Baifukan, Pp. 156-161.
20. Ishikawa, S. (2021). Cognitive behavioral group-based intervention for children and adolescents in school. In M. Nakashima, D. Fujisawa, M. Matsunaga, & M. Otani (Eds.), *Manual for cognitive behavioral group therapy: One more step forward*. Tokyo Kongo-Shuppan, Pp. 115-117.
21. Ishikawa, S. (2021). Prevention for mental health problems in children: Preventive actions for depression and anxiety in local community. In Y. Sakano, N. Dodo, & R. Motoya (Eds.), *A handbook of mental health promotion: For healthy physical and psychological life*. Tokyo: Kongo-Shuppan, Pp. 137-150.
22. Ishikawa, S. (2022). Clinical psychology. In Faculty of Psychology, Doshisha University (Ed.), *Welcome to faculty of psychology*. Tokyo Chikuma Shobo, Pp. 35-58.
23. Ishikawa, S. (2023). *Cognitive behavior therapy in classroom: To find peasant things for children who cannot attend school due to anxiety*. Tokyo: Meiji-Shuppan.
24. Ishikawa, S. (2023). CBT programs for children with anxiety symptoms. In Y. Kamio (Ed.), *Treatment manual of cognitive behavioral therapy for autistic children with anxiety symptoms*. Kyoto: Minerva-Shuppan, Pp. 23-38.

3) Translation book

1. Chen, J., Otsui, K., Ishikawa, S., & Sato, H. (2008). The nature and treatment of anxiety disorders in children and adolescents In Y. Tanno & Y. Sakano. (Eds.) *The front line of cognitive behavior therapy: Depression, personality disorders, anxiety disorders, and autism*. Tokyo: Kaneko-shobo. Pp. 143-186.
2. Ishikawa, S. (2008). Clinical foundations of MST: Nine treatment principles, home-based model of service delivery, and guidelines for clinical supervision. In S. W. Henggeler, S. K. Schoenwald, C. M. Borduin, M. D. Roeland, & P. B. Cunningham, (1998). *Multisystemic treatment of antisocial behavior in children and adolescents*. New York: Guilford. (Tokyo: Seiwa-shoten. Pp. 26-75).
3. Ishikawa, S. (2010). Anxiety/anger management training (AMT), Anxiety-children, Treatment children, and Anxiety in children-FRIENDS program In A. Freeman, S. H. Felgoise, A. M. Nezu, C. M. Nezu, & M. A. Reinecke (Eds.), (2005). *Encyclopedia of cognitive behavior therapy*. New York: Springer. (Tokyo: Nihon-hyoron-sha. Pp. 176-179, 180-184, 396-400, and 400-403).
4. Ishikawa, S. (2011). Chapter 11 Find, Love, and Heal the Core Self, Chapter 12 The language of Love, Chapter 13 The Good Opinion of Others, and Chapter 14 Acknowledge and Accept Positive Qualities. In Glenn R. Schiraldi (2001). *The Self-Esteem Workbook*. Oakland: New Harbinger (Tokyo: Kongo-shuppan. Pp. 113-134).
5. Ishikawa, S. (2013). Chapter 3 The proactive teacher, Chapter 11 Helping students learn to their emotions. In C. Webster-Stratton (1999). *How to promote children's social and emotional competence*. London: Sage (Tokyo: Kongo-shuppan. Pp. 47-64, 237-261).
6. Greco, L. A., & Hayes, S. H. (2008). *Acceptance & mindfulness treatments for children & adolescents: A practitioner's guide*. Oakland: New Harbinger. (Muto, T, Ito, Y., Ishikawa, S., & Mitamura, T. (2013). Tokyo: Akashi-shoten).
7. Ishikawa S. (2013). Chapter 3, Chapter 7, and Chapter 11. In W. T. O'Donohue, S. C. Hayes, D. A. Henderson, J. E. Fisher, & L. J. Hayes (Eds.) (2001). *A history of the behavioral therapies: Founders' personal histories*. Oakland: Context Press Series (Tokyo: Nihon-hyoron-sha, Pp. 73-94, 169-181, and 233-252.).
8. Ishikawa S. (2013). Chapter 2, Chapter 5, and Chapter 6. In D. A. Clark & A. T. Beck (2012). *The anxiety workbook: The cognitive behavioral solution*. New York: Guilford. (Tokyo: Kongo-shuppan. Pp. 31-53, 69-97, 99-125).
9. Ishikawa S. (2014). Chapter 5 Children refusing school to escape aversive social and/or evaluative situations. In C. A. Kearney & A. M. Albano (2007). *When Children Refuse School: A Cognitive-Behavioral Therapy Approach Therapist Guide*. New York: Guilford (Tokyo: Iwasaki-gakujuutsu-shuppan. pp. 79-114)
10. Ishikawa S. (2014). Chapter 5 Children refusing school to escape aversive social and/or evaluative situations. In C. A. Kearney & A. M. Albano (2007). *When Children Refuse School: A*

Cognitive-Behavioral Therapy Approach Parent Workbook. New York: Guilford (Tokyo: Iwasaki-gakujyutsu-shuppan. pp. 65-91)

11. Mennuti, R. B., Christner, R. W., & Freeman, A. (2012). *Cognitive-Behavioral Interventions in Educational Settings: A Handbook for Practice* (2nd ed.). New York: Routledge (Ishikawa S., Muto, T., & Sato, S. (2018). Tokyo: Tokyo: Kongo-shuppan.)
12. Whiston, S. C. (2013). *Principles and application of assessment in counseling* (4th ed.). Belmont: Brooks/Cole (Ishikawa, S., Sato, H., & Takahashi, F. (2018). Tokyo: Kaneko-shobo.)
13. Ishikawa S. (2024). Myth 30 Kids can be “scared straight” from delinquency. Myth 33 Helping children avoid their fears is the best way to decrease their anxiety. In S. Hupp & J. Jewell (2015). *Great Myths of Child Development*. Chichester, UK: Wiley Blackwell (Tokyo: Kongo-Shuppan. pp. 159-168, 171-172)

4) English article

1. Essau, C. A., Sakano, Y., Ishikawa, S., & Sasagawa, S. (2004). Anxiety symptoms in Japanese and in German children. *Behaviour Research and Therapy*, 42, 601-612.
2. Ishikawa, S., Okajima, I., Matsuoka, H. & Sakano Y. (2007). Cognitive Behavioural Therapy for Anxiety Disorders in Children and Adolescents: A Meta-Analysis. *Child and Adolescent Mental Health*, 12, 164-172.
3. Ishikawa, S. & Sakano Y. (2007). The longitudinal study on anxiety symptoms in children. *Japanese Journal of Child and Adolescent Psychiatry*, 47, 26-37.
4. Ishikawa, S., Sato, H., & Sasagawa, S. (2009). Anxiety disorder symptoms in Japanese children and adolescents. *Journal of Anxiety Disorders*, 23, 104-111. <https://doi.org/10.1016/j.janxdis.2008.04.003>
5. Essau, C. A., Ishikawa, S., & Sasagawa, S. (2011). Early learning experience and adolescent anxiety: A cross-cultural comparison between Japan and England. *Journal of Child and Family Studies*, 20, 196-204.
6. Essau, C. A., Ishikawa, S., Sasagawa, S., Sato, H., Okajima, I., Otsui, K., Georgiou, G. A., O’Callaghan, J., & Michie, F. (2011). Anxiety symptoms among adolescents in Japan and England: Their relationship with self-construals and social support. *Depression and Anxiety*, 28, 509-518.
7. Ishikawa, S. (2012). Cognitive errors, anxiety, and depression in Japanese children and adolescents. *International Journal of Cognitive Therapy*, 5, 38-49.
8. Ishikawa, S., Motomura, N., Kawabata, Y., Tanaka, H., Shimotsu, S., Sato, Y., & Ollendick T. H. (2012). Cognitive behavioural therapy for Japanese children and adolescents with anxiety disorders: A pilot study. *Behavioural and Cognitive Psychotherapy*, 40, 271-285.
9. Essau, C.A., Sasagawa, S., Ishikawa, S., Okajima, I., O’Callaghan, J., & Bray, D. (2012). A Japanese form of social anxiety (Taijin kyofusho): Frequency and correlates in two generations of

- the same family in Japan. *International Journal of Social Psychiatry*, 58, 635-642.
10. Takagaki, K., Okajima, I., Kunisato, Y., Nakajima, S., Kanai, Y., Ishikawa, S., & Sakano, Y. (2013). Preliminary assessment of the behavioral activation model in Japanese undergraduate students. *Psychological Reports*, 112, 47-59.
 11. Essau, C. A., Ishikawa, S., Sasagawa, S., Otsui, K., Sato, H., Okajima, I., Georgiou, G. A., O'Callaghan, J., & Bray, D. (2013). Psychopathological symptoms in two generations of the same family: A cross-cultural comparison. *Social Psychiatry and Psychiatric Epidemiology*, 48, 2017-2026.
 12. Sato, S., Ishikawa, S., Togasaki, Y., Ogata A., & Sato, Y. (2013). Long-term effects of a universal prevention program for depression in children: A 3-year follow-up study. *Child and Adolescent Mental Health*, 18, 103-108.
 13. Ishikawa, S., Shimotsu, S., Ono, T., Sasagawa, S., Kondo-Ikemura, K., Sakano, Y., & Spence, S. H. (2014). A parental report of children's anxiety symptoms in Japan. *Child Psychiatry and Human Development*, 45, 306-317. <https://doi.org/10.1007/s10578-013-0401-y>
 14. Shimotsu, S., Horikawa, N., Emura, R., Ishikawa, S., Nagao, A., Ogata, A., Hiejima, S., & Hosomi, J. (2014). Effectiveness of group cognitive-behavioral therapy in reducing self-stigma in Japanese psychiatric patients. *Asian Journal of Psychiatry*, 10, 39-44.
 15. Ishikawa, S., Motoya, R., Sasagawa, S., Takahashi, T., Okajima, I., Takeishi, Y., & Essau, C. A. (2015). Mental health problems among undergraduates in Fukushima, Tokyo, and Kyoto after the March 11 Tohoku Earthquake. *The Tohoku Journal of Experimental Medicine*, 236, 115-122.
 16. Ishikawa, S. (2015). A cognitive-behavioral model of anxiety disorders in children and adolescents. *Japanese Psychological Research*, 57, 180-193. <https://doi.org/10.1111/jpr.12078>
 17. Ishikawa, S., Takeno, Y., Sato, Y., Kishida, K., Yatagai, Y., & Spence, S. H. (2018). Psychometric properties of the Spence Children's Anxiety Scale with adolescents in Japanese high schools. *School Mental Health*, 10, 275-286. <https://doi.org/10.1007/s12310-017-9242-3>
 18. Ishikawa, S., Kikuta, K., Sakai, M., Mitamura, T., Motomura, N., & Hudson, J. L. (2019). A randomized controlled trial of a bidirectional cultural adaptation of cognitive behavior therapy for children and adolescents with anxiety disorders. *Behaviour Research and Therapy*, <https://doi.org/10.1016/j.brat.2019.103432>
 19. Ozono, S., Nagamitsu, S., Matsuishi, T., Yamashita, Y., Ogata, A., Suzuki, S., Mashida, N., Koseki, S., Sato, H., Ishikawa, S., Togasaki, Y., Sato, Y., Sato, S., Sasaki, K., Shimada, H., & Yamawaki, S. (2019). Reliability and validity of the Children's Depression Inventory Japanese version. *Pediatrics International*, doi: 10.1111/ped.13984.
 20. Ohtani, K., Murayama, K., Ishii, R., Fukuzumi, N., Sakaki, M., Ishikawa, S., Suzuki, T., & Tanaka, A. (2019). Parental motivational perseverance predicts adolescents' depressive symptoms: An intergenerational analysis with actor-partner interdependence model. *Journal Youth and Adolescent*, doi: 10.1007/s10964-019-01083-2.

21. Ishikawa, S., Kishida, K., Oka, T., Saito, A., Shimotsu, S., Watanabe, N., Sasamori, H., & Kamio, Y. (2019). Developing the Universal Unified Prevention Program for Diverse Disorders for School-aged Children. *Child and Adolescent Psychiatry and Mental Health, 13*, 44.
<https://doi.org/10.1186/s13034-019-0303-2>
22. Ishikawa, S., Chen, J., Fujisawa, D., & Tanaka, T. (2019). The development, progress, and current status of cognitive behaviour Therapy in Japan. *Australian Psychologist, 55*, 598-605.
<https://doi.org/10.1111/ap.12450>
23. Krause, K. R., Abiodun, S., Adewuya, A. O., Albano, A. M., Babins-Wagner, R., Birkinshaw, R., Brann, P., Creswell, C., Delaney, K., Falissard, B., Forrest, C. B., Hudson, J. L., Ishikawa, S., Khatwani, M., Kieling, C., Krause, J., Malik, K., Martínez, V., Mughal, F., Ollendick, T. H., Ong, S. H., Patton, G. C., Ravens-Sieberer, U., Szatmari, P., Thomas, E., Walters, L., Young, B., Zhao, Y., & Wolper, M. (2021). International consensus on a standard set of outcome measures for child and youth anxiety, depression, obsessive-compulsive disorder, and post-traumatic stress disorder. *Lancet Psychiatry, 8*, 76-86. [https://doi.org/10.1016/S2215-0366\(20\)30356-4](https://doi.org/10.1016/S2215-0366(20)30356-4)
24. Creswell, C., Nauta, M. H., Hudson, J. L., March, S., Reardon, T., Arendt, K., Bodden, D., Cobham V. E., Donovan, C., Halldorsson, B., In-Albon, T., Ishikawa, S., Johnsen, D. B., Jolstedt, M., de Jong, R., Kreuze, L., Mobach, L., Rapee, R. M., Spence, S. H., Thastum, M., Utens, E., Vigerland, S., Wergeland, G. J., Essau, C. A., Albano, A. M., Chu, B., Khanna, M., Silverman, W. K., & Kendall, P. C. (2020). Research Review: Recommendations for reporting on treatment trials for child and adolescent anxiety disorders? an international consensus statement. *Journal of Child Psychology and Psychiatry, 62*, 255–269. <https://doi.org/10.1111/jcpp.13283>
25. Urao, Y., Ohira, I., Koshiba, T., Ishikawa, S. I., Sato, Y., & Shimizu, E. (2021). Classroom-based cognitive behavioural therapy: a large-scale non-randomised controlled trial of the 'Journey of the Brave'. *Child and adolescent psychiatry and mental health, 15*(1), 21.
<https://doi.org/10.1186/s13034-021-00374-6>
26. Arai, H., Seki, Y., Okawa, S., Shimizu, E., Takahashi, S., Ishikawa, S., Korte, K. J., & Schmidt, N. N. (2021). False safety behavior elimination therapy for social anxiety disorder in Japanese: A pilot, single-arm uncontrolled study. *Japanese Psychological Research, 53*(1), 1-10.
<https://doi.org/10.1111/jpr.12366>
27. Okawa, S., Arai, H., Sasagawa, S., Ishikawa, S., Norberg, M. M., Schmidt, N. B., Kwon, J., Rapee, R. M., & Shimizu, E. (2021). A cross-cultural comparison of the bivalent fear of evaluation model for social anxiety. *Journal of Behavioral and Cognitive Therapy, 31*(3), 205-213.
<https://doi.org/10.1016/j.jbct.2021.01.003>
28. Oka, T., Ishikawa, S., Saito, A., Maruo, K., Stickley, A., Watanabe, N., Sasamori, H., Shioiri, T., & Kamio, Y. (2021). Changes in self-efficacy in Japanese school-age children with and without high autistic traits after the Universal Unified Prevention Program: a single-group pilot study. *Child and adolescent psychiatry and mental health, 15*(1), 42.

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98. Nakanishi, Y., & Ishikawa, S. (2021). Autistic spectrum traits and depressive symptoms in children and adolescents: Mediating the effects of social skills and relationships with friends. *Japanese Journal of Behavioral and Cognitive Therapies*, *47*, 11-21.
99. Takahashi, T., Ishikawa, S., & Sato, H. (2021). Development of a children's behavioral inhibition questionnaire- Japanese version. *Japanese Journal of Educational Psychology*, *69*, 382-395.
100. Hida, N., Ishikawa, S., & Nawate, M. (2021). Development of the child universal unified prevention program for diverse disorders using electronic devices and examination of its availability. *Doshisha Clinical Psychology: Therapy and Research*, *11*, 3-14.
101. Nakanishi, C., Seki, A., Ubara, A., Hida, N., Kishida, K., & Ishikawa, S. (2021). Effect of the Universal Prevention Program for Diverse Disorders (Up2-D2) for junior high school students. *Doshisha Clinical Psychology: Therapy and Research*, *11*, 15-23.
102. Kishida, K., Tsuda, M., & Ishikawa, S. (2021). Depressive symptoms in children and adolescents based on a parent-rating scale. *Doshisha Clinical Psychology: Therapy and Research*, *11*, 25-35.
103. Kikuta K., & Ishikawa, S. (2022). Cognitive behavioral intervention for presenteeism and social anxiety in the workplace. *Japanese Journal of Behavioral and Cognitive Therapies*, *48*, 297-307.
104. Hoshino, M., Yamamoto, T., Hida, N., & Ishikawa, S. (2022). Applicability of a mental health prevention program using an electronic device for a child with special needs. *Doshisha Clinical Psychology: Therapy and Research*, *12*, 3-15.
105. Kihara, H., Tsuda, M., & Ishikawa, S. (2022). Effects of social problem-solving training on social skills, anxiety, depression, and self-efficacy for junior high school students. *Doshisha Clinical Psychology: Therapy and Research*, *12*, 29-38.
106. Nakamura, T., Nakasone, K., Ishikawa, S., & Yamaguchi, Y. (2023). Relationship Between Strength Valubles, Self-Esteem, and Well-Being in Strengths Interventions. *Journal of Psychological Sciences, Tezukayama University*, *6*, 43-50.

107. Kishida, K., Matsubara, K., Hida, N., & Ishikawa, S. (2023). Current research trends and challenges of mental health prevention education in school in Japan: Social implementation of the Up2-D2. *Anxiety Disorder Research, 15*, 10-19.
108. Nakanishi, Y., Yoshita, H., Yano, S., Matsubara, K., Kishida, K., & Ishikawa, S. (2023). Mental health of students with intellectual disabilities in high schools for special education. *Doshisha Teacher Education Research, 1*, 18-24.
109. Kihara, H., & Ishikawa, S. (2024). Changes in public stigma toward autism spectrum disorder in college students through a simulated experience intervention. *Doshisha Psychology Review, 70*, 7-15.
110. Takahashi, K., Sakai, M., Matsubara, K., & Ishikawa S. (2024). Effectiveness of group SST with mental health prevention education program. *Memoirs of The Faculty of Education, University of Miyazaki, 102*, 140-151.
111. Nakanishi, Y., Hida, N., Okita, S., Nakamichi, S., Matsubara, K., Kishida, K., & Ishikawa, S. (2024). Effects of a mental health program for adolescents with intellectual disabilities in a special needs high school. *Japanese Journal of Behavioral and Cognitive Therapies, 50*, 25-34.
112. Kishida, K., Sato, H., & Ishikawa, S. (2024). Proof-of-concept trial of cognitive behavioral therapy for oppositional defiant disorder in children and adolescents: Possibility of cognitive change characterized by anger. *Japanese Journal of Cognitive Therapy, 17*, 234-244.
113. Tachikawa, A., & Ishikawa, S. (2024). The effectiveness of problem-solving skills training in enhancing resilience among junior high school students. *Doshisha Clinical Psychology: Therapy and Research, 14*, 25-35.

PRESENTATIONS

In English

<Symposium/ Workshop>

1. Ishikawa, S., Sato, H., Togasaki, Y., Sato, Y., & Sato, S. Universal prevention for depression in school: Implication for anti-stigma action in education. In K. Nagao (Chair), *Symposia 27 Antistigma activity in cooperation with Education and Psychology and Psychiatry*. Symposium conducted at the meeting of *International Meeting of WPA Anti-stigma section (6th)*, Tokyo, February, 2013.
2. Ishikawa, S. Cognitive behavioral therapy for Japanese children and adolescents with anxiety disorders: Transportability of evidence-based psychotherapies to Asia. *Symposium 89 Transportability of evidence-based psychosocial treatments to diverse cultures: Cross-cultural implication for child and adolescent mental health*. World Congress of Behavioral and Cognitive Therapies (7th), Lima, July, 2013.
3. Ishikawa, S. A cognitive-behavioral model for multiple anxiety disorders in children and adolescents. Symposium 10J “*Interventions for transdiagnostic process in emotional disorders*”.

- World Congress of Behavioral and Cognitive Therapies (8th), Melbourne, June, 2016.
4. Arai, H., & Ishikawa, S. The Adaptation of the False Safety Behavior Elimination Treatment to Clinical Settings in Japan. Symposium 58 *Examining Cultural Influences in the Treatment of Anxiety Disorders: Encounters Between East and West*. World Congress of Behavioral and Cognitive Therapies (8th), Melbourne, June, 2016.
 5. Ishikawa, S. A culturally-adapted cognitive behavior therapy for children with anxiety disorders: The West might find the East heading toward a CBT new era. *Keynote speech*. 13th International Congress of Clinical Psychology, Virtual Platform, November, 2020.
 6. Ishikawa, S. Cognitive behavioral preventive approach in school: The Universal Unified Prevention Program for Diverse Disorders for School-aged children. *Plenary Session 3*, 11th International CBT Conference, Pakistan Association of Cognitive Therapies. March, 2021.
 7. Ishikawa, S. School-Based Cognitive Behavioral Intervention for Youth in Japan during the COVID-19 pandemic. International Conference on Cognitive and Behavioural Interventions (ICCBI) 2021, Web, November, 2021.
 8. Ishikawa, S. Universal Prevention Approach in School: Pragmatic trial after COVID-19 pandemic in Japan. Building a Universal Mental Health Intervention to Support Children through COVID-19 Crisis. Medical Services Conference on the 80th Anniversary of Department of Medical Services: Do Our Best for All, Bangkok, Thailand and Web, July, 2022.
 9. Ishikawa, S., Matsubara, K., Kishida, K., & Hida, N. The rationale and practical skills of a school-based universal prevention program. Symposium 28, *Early child mental health interventions*. The 11th Congress of the Asian Society for Child and Adolescent Psychiatry and Allied Professions, Kyoto, Japan, May, 2023.
 10. Ishikawa, S. A Comparison Study of Therapeutic Interactions Across CBT Treatment Delivered With Two Different Cultural Groups. Symposium 23 *Cross-Cultural Differences, Similarities, and Adaptations in the Context of CBT for Anxiety Disorders*. World Congress of Behavioral and Cognitive Therapies (10th), Seoul, June, 2023.
 11. Ishikawa, S. A Culturally Adapted Cognitive Behavioral Therapy for Children With Anxiety in Japan: Application of a Bidirectional Cultural Adaptation. Symposium 44 *Adaptations of Cognitive Behavioural Therapy for Children With Anxiety Disorders*. World Congress of Behavioral and Cognitive Therapies (10th), Seoul, June, 2023.
 12. Ishikawa, S. Expressive cultural adaptation in CBT for children & adolescents in Asia. *The 8th Asian CBT Congress*, New Delhi, February 2024.
 13. Ishikawa, S. From Awareness to Action: Implementing Universal Prevention Programs in Schools for Diverse Mental Health Challenges. *10th International Congress of Clinical and Health Psychology 2024*, Elche, November 2024.

<Oral presentation/ Poster>

1. Ishikawa, S. & Sakano Y. Development of Spence Children's Anxiety Scale Japanese version. *International Conference on Child and Adolescent Mental Health Conference*, Brisbane, June 2002.
2. Sakai, M., Ishikawa, S., Sato, H., Takizawa, M., & Sakano, Y. What is the "Hikikomori"?: Simple social withdrawal, social phobia, or other complex psychological disorder? *Association for Advancement of Behavior Therapy Annual Convention*, Boston, November 2003.
3. Ishikawa, S. & Sakano Y. Investigation on the relationship between cognitive error and anxiety in childhood. *World Congress of Behavior and Cognitive Therapies (4th)*, Kobe, July, 2004.
4. Inoue, A., Ishikawa, S. & Sakano Y. The development of Spence Children's Anxiety Scale Japanese Adolescents version and the comparison of children with adolescents. *World Congress of Behavior and Cognitive Therapies (4th)*, Kobe, July, 2004.
5. Ueda, K., Sakai, M., Nakamura, H., Ishikawa, S., Nagasaku, M., Sato, H., Shimotsu, S., Takizawa, M., Inoue, A., Shimada, H., Sakano, Y., & Nomura, S. An investigation of "Hikikomori": Nationwide Study (I). *World Congress of Behavior and Cognitive Therapies (4th)*, Kobe, July, 2004.
6. Nakamura, H., Sakai, M., Ueda, K., Ishikawa, S., Nagasaku, M., Sato, H., Shimotsu, S., Takizawa, M., Inoue, A., Shimada, H., & Sakano, Y. An investigation of "Hikikomori": Nationwide Study (II). *World Congress of Behavior and Cognitive Therapies (4th)*, Kobe, July, 2004.
7. Ishikawa, S. & Sakano Y. The longitudinal study of children with anxiety symptoms. *The Congress of the Asian College of Psychosomatic Medicine*, Okinawa, October, 2004.
8. Ishikawa, S. & Sakano Y. Cognitive error and self-statements in anxiety children. *The 38th Association for Advancement of Behavior Therapy Annual Convention*, New Orleans, November, 2004.
9. Ishikawa, S., Okajima, I., Matsuoka, H. & Sakano Y. Cognitive behavioral therapy for anxiety disorders in children and adolescents: A meta-analysis. *The 39th Association for Advancement of Behavior Therapy Annual Convention*, Washington DC, November, 2005.
10. Sasagawa, S., Miwa, K., Sato, H., Ishikawa, S., Sakano, Y., & Nomura, S. Characteristics of adolescent social anxiety in Japan. *The 39th Association for Behavioral and Cognitive Therapies Annual Convention*. Washington, DC, November 2005.
11. Ishikawa, S., Togasaki, Y., Sato, S., & Sato Y. School based social skills training in elementary school: The relationship between self-report and teacher-report. *Asian Cognitive Behaviour Therapy (CBT) Conference*, Hong Kong, May, 2005.
12. Ishikawa, S., & Sato, H. Anxiety symptoms in Japanese children and adolescents: Psychometric properties of the Spence Children's Anxiety Scale. *World Congress of Behavioral and Cognitive Therapies (5th)*, Barcelona, July, 2007.
13. Togasaki, Y., Ishikawa, S., Sato, S., & Sato Y. Effects of school-based long term social skills training in elementary school children. *World Congress of Behavioral and Cognitive Therapies*

- (5th), Barcelona, July, 2007.
14. Ishikawa, S. Longitudinal relationship among cognitive errors, anxiety symptoms and depressive symptoms. *The 3rd International Conference on Child and Adolescent Psychopathology*, London, July, 2008.
 15. Ishikawa, S. Cognitive errors related to anxiety symptoms in children and adolescents: Validation of the Children's Cognitive Errors Scale. *Association for Behavioral and Cognitive Therapies Annual Convention (42nd)*. Orland, November 2008.
 16. Ishikawa, S. Anxiety across two generations of the same families in Japan and in the UK. *PMI Sustainable Research Networks Workshop*. Tokyo, June 2009.
 17. Sato, H., Imajo, T., Togasaki, Y., Ishikawa, S., Sato, Y., & Sato, S. Cognitive-behavioral classwide universal prevention for depressive symptoms in Japanese children. *Annual Convention of the Association for Behavioral and Cognitive Therapies (43rd)*. New York, November 2009.
 18. Ishikawa, S., Shimotsu, S., & Sato Y. Cognitive behavior therapy for Japanese children with anxiety disorders. *World Congress of Behavioral and Cognitive Therapies (6th)*. Boston, June 2010.
 19. Motomura, N., Ishikawa, S., Motomura, A., Kawabata, Y., & Tanaka, H. Cognitive behavior therapy for anxiety disorder of children in Japan. *World Congress of Behavioral and Cognitive Therapies (6th)*. Boston, June 2010.
 20. Takagaki, K., Okajima, I., Kunisato, Y., Nakajima, S., Akita, K., Kanai, Y., Ishikawa, S., & Sakano Y. Development and validation of the Japanese version of Cognitive Behavioral Avoidance Scale (CBAS): From the cross-cultural perspectives. *World Congress of Behavioral and Cognitive Therapies (6th)*. Boston, June 2010.
 21. Shimotsu, S., Emura, R., Ogata, A., Nagao, A., Ishikawa, S., Hiejima, S., & Hosomi, J. Effect of group cognitive behavior therapy on self-stigma. *World Congress of Behavioral and Cognitive Therapies (6th)*. Boston, June 2010.
 22. Kunisato, Y., Takagaki, K., Okajima, I., Nakajima, S., Ishikawa, S., Kanai, Y., Sakano, Y., Okamoto, Y., & Yamawaki, S. Development and validation of the Japanese version of Environmental Reward Observation scale (EROS). *World Congress of Behavioral and Cognitive Therapies (6th)*. Boston, June 2010.
 23. Sasagawa, S., Ishikawa, S., Okajima, I., Sato, H., Otsui, K., & Essau, C. A. Child-parent correlates of Taijin Kyofusho symptoms in Japan. *The 3rd Asian Cognitive Behavior Therapy Conference*, Seoul, July, 2011.
 24. Tanaka, T., Ishikawa, S., Sato, H., Ogata, A., Togasaki, Y., Sato, Y., & Sato, S. Long-term effect of classroom-based SST on preventing of depression in children: A three year follow-up *The 3rd Asian Cognitive Behavior Therapy Conference*, Seoul, July, 2011.
 25. Ishikawa, S., Motomura, N., Kawabata, Y., Tanaka, H., Shimotsu, S., & Sato, Y. Normative comparison of cognitive behavior therapy for children and adolescents with anxiety disorders. *The*

- 45th Annual Convention of Behavioral and Cognitive Therapies*, Toronto, November, 2011.
26. Ishikawa, S., Shimotsu, S., Ono, T., Kikuta, K., Mitamura, T., Sasagawa, S., Shimotsu, S., Sato, Y., & Kondo-Ikemura, K. Anxiety symptoms in children from children's and parents' point of views. *The 44th Banff International Conferences on Behavioural Science*, Banff, March, 2012.
 27. Essau, C., Ishikawa, S., & Sasagawa, S. A Japanese form of social anxiety (Taijin kyofusho): Its frequency in two generations of the same family in Japan *The 33rd STAR International Conference*, Palma de Mallorca, Spain, July 2012.
 28. Ishikawa, S., Kikuta K., & Mitamura, T. Consistency of children's anxiety symptoms between self- and parent-reports: Moderator analysis of family CBT for children with anxiety disorders. *The 46th Annual Convention of Behavioral and Cognitive Therapies*, National Harbor, November, 2012.
 29. Shimotsu, S., Emura, R., Ishikawa, S., Nagao, A., Ogata, A., Hiejima, S., Hosomi, J., & Horikawa, N. Effectiveness of group cognitive behavior therapy in reducing self-stigma. *International Meeting of WPA Anti-stigma section (6th)*, Tokyo, February, 2013
 30. Ishikawa, S., Okajima, I., Sasagawa, S., Sato, H., Otsui, K., & Essau, C. Anxiety disorder symptoms between adolescents and parents: A cross-cultural comparison in UK and Japan. *The 4th Asian Cognitive Behavior Therapy (CBT) Conference*. Tokyo, August, 2013.
 31. Matsubara, K., Takahashi, T., Ishikawa, S., & Sato, S. Mediators of cognitive behavioral prevention program for children in depression. *The 4th Asian Cognitive Behavior Therapy (CBT) Conference*. Tokyo, August, 2013.
 32. Takahashi, T., Ishikawa, S., & Sato, S. Effectiveness of social problem solving training for junior high school students. *The 4th Asian Cognitive Behavior Therapy (CBT) Conference*. Tokyo, August, 2013.
 33. Ogata, A., Togasaki, Y., Ishikawa, S., Sato, H., Sato, Y., & Sato, S. Effectiveness of a school-based depression prevention program for Japanese adolescents. *The 4th Asian Cognitive Behavior Therapy (CBT) Conference*. Tokyo, August, 2013.
 34. Sasagawa, S., Ishikawa, S., Okajima, I., Sato, H., Otsui, K., & Essau, C. A. Cross-cultural comparison of Taijin Kyofusho symptoms in Japan and England: A two-generation study. *The 4th Asian Cognitive Behavior Therapy (CBT) Conference*. Tokyo, August, 2013.
 35. Essau, C. A., Ishikawa, S., Motoya, R., Sasagawa, S., Takahashi T., Okajima, I., & Takeishi Y. Psychological impact of the Great East Japan Earthquake among adolescents in Japan. *Australian Association for Cognitive and Behaviour Therapy 37th National Conference*, Fremantle, October, 2014.
 36. Ishikawa, S., A cognitive behavioral model of anxiety disorders in children and adolescents. *The 48th Annual Convention of Behavioral and Cognitive Therapies*, Philadelphia, November, 2015.
 37. Tanaka, Y., Tanabe, Y., Maeda, S., Inoue, A., Sato, H., Ishikawa, S., & Shimada, H. The effect of the long-term camp program aimed at cultivating adaptive social behavior on the interpersonal

- self-efficacy, anxiety, and depression of school absentees. *The 5th Asian Cognitive Behavior Therapy (CBT) Conference*. Nanjin, May, 2015.
38. Ishikawa, S., & Makiyama, S. The effect of social skills training on interpretation skills of adolescents. *10th International Conference on Child and Adolescent Psychopathology*, London, July, 2015.
 39. Kaneyama, Y., Sato, H., & Ishikawa, S. Informant discrepancies in childhood anxiety symptoms: Comparison between clinical and community sample. *The 49th Annual Convention of Behavioral and Cognitive Therapies*, Chicago, November, 2015.
 40. Ishikawa, S., Kikuta, K., Mitamura, K., Yoshimitsu, S., Ono, T., Sasagawa, S., Kondo-Ikemura, K., Sakano, Y., & Spence, S. H. Informant discrepancies in childhood anxiety symptoms: Comparison between clinical and community sample. *The 49th Annual Convention of Behavioral and Cognitive Therapies*, Chicago, November, 2015.
 41. Kaneyama, Y., Ishikawa, S., Hida, N., Kishida, K., Ueda, Y., & Nakanishi, Y. The empirical review of academic activities regarding cognitive behavioral therapies for children and adolescents with Autism Spectrum Disorders in Japan. *World Congress of Behavioral and Cognitive Therapies (8th)*, Melbourne, June, 2016.
 42. Kishida, K., & Ishikawa, S. Cross-sectional and longitudinal effects of social skills on depressive and anxiety symptoms in adolescents. *World Congress of Behavioral and Cognitive Therapies (8th)*, Melbourne, June, 2016.
 43. Takahashi, T., & Ishikawa, S. A parental and teacher report of preschooler's behavioral inhibition in Japan. *World Congress of Behavioral and Cognitive Therapies (8th)*, Melbourne, June, 2016.
 44. Ishikawa, S., Hida, N., Kishida, K., Ueda, Y., Nakanishi, Y., & Kaneyama, Y. The impact of the world congress on a psychosocial intervention: Academic dissemination of cognitive behavioral therapies for children and adolescents in Japan. *The 31st International Congress of Psychology*, Yokohama, July, 2016.
 45. Kaneyama, Y., Maeda, Y., Sato, H., & Ishikawa, S. Factor structure of autism-spectrum quotient Japanese version. *The 31st International Congress of Psychology*, Yokohama, July, 2016.
 46. Kishida, K., & Ishikawa, S. Do social supports and stressors mediate the relationship between social skills and internalizing symptoms in adolescents? *The 31st International Congress of Psychology*, Yokohama, July, 2016.
 47. Kishida, K., & Ishikawa, S. Identifying preventive mechanism on school-based interpersonal skills training for anxiety and depressive symptoms in early adolescents. *The 50th Annual Convention of Behavioral and Cognitive Therapies*, New York, October, 2016.
 48. Ishikawa, S., Sato, H., & Spence, S. H. Preliminary reports of cut-off points of the Spence Children's Anxiety Scale for adolescents *The 50th Annual Convention of Behavioral and Cognitive Therapies*, New York, October, 2016.
 49. Ishikawa, S., Takeno, Y., Sato, Y., Kishida, K., Yatagai, Y., & Spence, S. H. Psychometric

- properties of the Spence Child Anxiety Scale with adolescents in Japan. *The 51st Annual Convention of Behavioral and Cognitive Therapies*, San Diego, November, 2017.
50. Kishida, K., & Ishikawa, S. A transdiagnostic behavioral activation model for depressive and anxiety symptoms in Japanese children. *The 51st Annual Convention of Behavioral and Cognitive Therapies*, San Diego, November, 2017.
 51. Hashiguchi, K., Ishikawa, S., & Muto, T. Effect of social contingency on rule-following among people with high and low depressive symptoms. *2018 ACBS World Conference 16*, Quebec, July, 2018.
 52. Arai, H., Ishikawa, S. Korte, J. K., & Schmidt, N. B. A preventive intervention for safety behavior in students with subclinical social anxiety. A pilot study. *The British Association for Behavioural Cognitive & Psychotherapies*, Scotland, July, 2018.
 53. Kishida, K., & Takahashi, F. Effects of solution verification training on decision making skills and aggressive behaviors. *13th International Conference on Child and Adolescent Psychopathology, Malaysia*, August, 2018.
 54. Ishikawa, S., Kishida, K., Oka, T., Saito, A., Shimotsu, S., Watanabe, N., Sasamori, H., & Kamio, Y. Accessibility and feasibility of the Universal Unified Prevention Program for Diverse Disorders (Up2-D2): A transdiagnostic application for children in school. *Australian Association for Cognitive and Behaviour Therapy 39th National Conference 2018*, Brisbane, October, 2018.
 55. Abe, N., Kishida, K., & Ishikawa, S. A pilot study of a school-based strength-intervention: Effects on depression and well-being among Japanese adolescents. *The 52nd Association for Behavioral and Cognitive Therapies*, Washington, D.C., November, 2018.
 56. Ubara, A., Kishida, K., & Ishikawa, S. Are there subtypes of insomnia in adolescent? : The effect of dysfunctional beliefs about sleep on adolescent's insomnia symptoms with and without Delayed Sleep Phase (DSP). *The 52nd Association for Behavioral and Cognitive Therapies*, Washington, D.C., November, 2018.
 57. Kishida, K., & Ishikawa, S. An open trial of Exposure based Transdiagnostic intervention Program (ETP) for anxiety and depression in children and adolescents. *The 52nd Association for Behavioral and Cognitive Therapies*, Washington, D.C., November, 2018.
 58. Ishikawa, S., Kikuta, K., Sakai, M., & Mitamura, T., & Motomura, N. A randomized control trial of cognitive behavior therapy for children and adolescents with anxiety disorders in Japan. *The 52nd Association for Behavioral and Cognitive Therapies*, Washington, D.C., November, 2018.
 59. Hida, N., & Ishikawa, S. A study on mental health of deaf and hard of hearing children. *2018 International Conference on Education, Psychology, and Learning*, Sydney, December, 2018.
 60. Kishida, K., & Ishikawa, S. Mechanisms of behavioral activation for depressive symptoms in children: Comparison of non- and sub-clinical group in a community sample. *World Congress of Behavioral and Cognitive Therapies (9th)*, Berlin, July, 2019.
 61. Arai, H., Sekim Y., Okawa, S., Takahashi, S., Ishikawa, S., Simizu, E., Korte, K., & Schmidt, B.

- False Safety Behavior Elimination Therapy for social anxiety disorder and comorbid conditions in a clinical setting: A pilot study. *World Congress of Behavioral and Cognitive Therapies* (9th), Berlin, July, 2019.
62. Hida, N., & Ishikawa, S. Effect of Mental Health Prevention Program for Deaf and Hard of Hearing Children. *World Congress of Behavioral and Cognitive Therapies* (9th), Berlin, July, 2019.
 63. Ubara, A., & Ishikawa S. The Effect of Psychological Mediators on Cognitive Behavioral Therapy for Insomnia (CBT-I): A Review. *World Congress of Behavioral and Cognitive Therapies* (9th), Berlin, July, 2019.
 64. Nakanishi, Y., & Ishikawa, S. Development of Autism Social Skills Assessment for parents, and a test of its reliability and validity. *World Congress of Behavioral and Cognitive Therapies* (9th), Berlin, July, 2019.
 65. Abe, N., Kishida, K., & Ishikawa, S. Influence of strengths knowledge and use on mental health among Japanese adolescents. *The 6th World Congress on Positive Psychology*. Melbourne, July 2020.
 66. Ishikawa, S., Romano, M., & Hudson, J. L. A comparison of interactions among children, parents, and therapists in cognitive behavior therapy for children and adolescents with anxiety disorders in Australia and Japan. *The 55th Association for Behavioral and Cognitive Therapies*, Virtual Convention, November, 2021.
 67. Kishida, K., Tsuda, M., & Ishikawa, S. Impact of Sudden and Temporary School Closure Due to the COVID-19 on Mental Health Problems of Children, Adolescents, and Parents in Japan. *The 55th Association for Behavioral and Cognitive Therapies*, Virtual Convention, November, 2021.
 68. Yoshioka, M., Kato, S., Takashina, H. N., Ueda, S., Sakai, M., Takahashi, F., Sato, H., Hudson, J. L., Rapee, R. M., & Ishikawa, S. Study Protocol for a Randomized Controlled Trial of Culturally-Adapted and Program-Adopted Cognitive Behavioral Therapy for Children and Adolescents' Anxiety in Japan: A Multi-, Inter-, and Cross-Cultural Clinical Child Study (MIXCS). *World Congress of Behavioral and Cognitive Therapies* (10th), Berlin, June, 2023.
 69. Kihara H., & Ishikawa, S. The Changes of Public Stigma toward Autism Spectrum Disorder in College Students through Lecture and ASD Simulation Intervention. *World Congress of Behavioral and Cognitive Therapies* (10th), Berlin, June, 2023.
 70. Nakanishi, Y., & Ishikawa, S. Effects of a Mental Health Program for Adolescents with Intellectual Disabilities in a High School for Special Needs Education. *World Congress of Behavioral and Cognitive Therapies* (10th), Berlin, June, 2023.
 71. Okawa, S., Arai, H., Nakamura, H., Ishikawa, S., Creswell, C., & Shimizu, E. (2023). Parent-led cognitive behavioural therapy for Japanese children and parents: A single-arm uncontrolled study. *The 51st BABCP Annual Conference*, July, Cardiff, 2023.
 72. Ishikawa, S. & Hudson, L. J. Cross-Cultural Expressions of Emotional Vocabulary in CBT Sessions

for Childhood Anxiety Disorders: A Comparison between Australia and Japan. *The 58th Association for Behavioral and Cognitive Therapies*, November, Philadelphia, 2024

In Japanese

<Lecture & Workshop >

1. Ishikawa, S. Research of cognitive-behavioral therapy for children and adolescents and its effectiveness. *Japanese Psychological Association*. Osaka, September, 2004.
2. Ishikawa, S. Research of “Hikikomori”. *Japanese Psychological Association*. Osaka, September, 2004.
3. Ishikawa, S. Application of basic research in children and adolescents to clinical practice. *Japanese Psychological Association*. Tokyo, September, 2005.
4. Ishikawa, S. Cognitive behavioral therapy for children with anxiety disorders. *Japanese Association of Behavioral Therapy*. Hiroshima, October, 2005.
5. Sato, H. & Ishikawa, S. Research trends of the behavioral parent training. *Japanese Association of Behavioral Therapy*. Tokyo, October, 2006.
6. Ishikawa, S. Research to practice in clinical settings. *Japanese Psychological Association*. Fukuoka, November, 2006.
7. Ishikawa, S. Prevention for depression in children. *Japanese Psychological Association*. September, 2006
8. Ishikawa, S. Investigation on the relationship between self-statement and anxiety symptoms in childhood. *Japanese Association of Behavioral Therapy*. Tokyo, October, 2006.
9. Ishikawa, S. Research on the cognitive behavioral therapy for children with anxiety disorders. *Japanese Association of Counseling Science*. Okinawa, November, 2007.
10. Ishikawa, S. Practical study of cognitive behavioral therapy program for children with anxiety disorders. *Japanese Association of Counseling Science*. Okinawa, November, 2007.
11. Ishikawa, S. Evidence-based psychotherapy for children and adolescents. *Japanese Association of Behavioral Therapy*. Tokyo, November, 2008.
12. Ishikawa, S. Prevention program for depression in elementary school. *Japanese Psychological Association*. Kyoto, August, 2009.
13. Ishikawa, S. Cognitive behavioral class-based program for depression in elementary school. *Japanese Association of Educational Psychology*. Shizuoka, September, 2009.
14. Ishikawa, S. Cognitive behavioral therapy for anxiety in autistic children. *Japanese Association of Behavioral Therapy*. Chiba, October, 2009.
15. Ishikawa, S. Approach for depression in children and adolescents in schools: School-based prevention program for depression. *Japanese Society of Mood Disorders*. Kanazawa, June, 2010.
16. Ishikawa, S. Cognitive behavior therapy for anxious children. *Japanese Psycho Oncology Society and Japanese Association for Cognitive Therapy*. Nagoya, September, 2010.

17. Ishikawa, S. Cognitive behavior therapy for anxiety disorders in children. *Japanese Association of Anxiety disorders*. Tokyo, February, 2011.
18. Ishikawa, S. Anxiety in children. *Japanese Academy for Health Behavioral Science*, Osaka, June, 2011.
19. Ishikawa, S. Cognitive behavior therapy for children with depression. *Japanese Association of Behavioral Therapy*. Kyoto, September, 2012.
20. Ishikawa, S. Cognitive behavior therapy for childhood anxiety. *Japanese Association of Behavioral Therapy*. Tokyo, August, 2013.
21. Ishikawa, S. School-based cognitive behavioral therapy: Depression prevention program. *Japanese Psychological Association*. Sapporo, September, 2013.
22. Ishikawa, S. CBT for anxiety disorders. *Japanese Association of Child and Adolescent Psychiatry*. Hamamatsu, October, 2014.
23. Ishikawa, S., Kiriya, K., & Yoshimitsu, S. Thinking out cognitive behavior therapy for ASD. *Japanese Association of Child and Adolescent Psychiatry*. Hamamatsu, October, 2014.
24. Ishikawa, S. Cognitive behavior therapy for children: Cultivation and maintaining of motivation. *Japanese Association of Behavioral Therapy*. Toyama, November, 2014.
25. Ishikawa, S. Cognitive behavior therapy in schools: Prevention action by use of strength of schools. *Japanese Organization of Clinical Developmental Psychologist*. Hiroshima, September, 2015.
26. Ishikawa, S. School-based prevention cognitive behavioral program for mental health. *Japanese Society for Prevention and Early Intervention in Psychiatry*, Sendai, December, 2015.
27. Ishikawa, S. Cognitive behavior therapy for anxiety disorders in children and adolescents. *Japanese Association of Anxiety disorders*. Chiba, February, 2016.
28. Ishikawa, S. Therapeutic target of cognitive behavior therapy for adolescents with autism spectrum disorders. *Japanese Association of Behavioral and Cognitive Therapies*. Tokushima, October, 2016.
29. Ishikawa, S. Cognitive behavioral intervention for mental health prevention in classroom. *Japanese Association of Cognitive Therapy*. Osaka, November, 2016.
30. Ishikawa, S. Cognitive behavior therapy for anxiety disorders in children and adolescents. *Japanese Association of Anxiety disorders*. Fukuoka, March, 2017.
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